



Sacramento Area Career Womens Network, Inc.

Our next event:

Lesbian Love: A love, sex and intimacy mini-workshop for singles and couples

Where: Clarion Hotel 700 16th Street, Sacramento

Date: Friday, September 20

Time: 6:30pm (program begins at 7:30)

Cost: Pre-registered members \$13; members at the door \$16
seniors \$9; non-members \$18

NO HOST BAR AND LIGHT HORS' D'OEUVRES

Happening In October

Dance the night away.
Harvest Moon Celebration at
the Cal-Expo Club on
October 26th. Music by
T O R C H.

SACWN Presents A Very Special Event

Don't miss this exciting event.... It could change your life!!! Lesbian Love: A Love, Sex and Intimacy Workshop for singles and couples to be presented by Debra Rein, M.A. and Sonika Tinker, M.S.W.

Join us for this workshop and learn new ways to:

- Trust yourself and others
- Deepen your relationships
- Reclaim your sexuality
- Connect with others
- Express and experience love
- Open yourself to new possibilities
- Profoundly deepen your capacity for intimacy

For additional information call (916) 486-8985

HIGHLIGHTS

*A Message From the
Steering Committee..... 2*

Announcements 2

Businesses 3-4

Calendar 5

*Lesbian "Love
Connections "Made 5*

Basketball Hoopla..... 5

*Special Interest
Groups 6-7*

Attention Writers..... 8

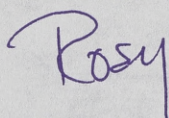
A Message From the Steering Committee

First of all, acknowledgement and many thanks to Paula Kregel of WordCraft Typesetting for her many years of work and effort on our monthly newsletter. We're trying a new desktop publishing approach beginning this month. Hopefully it will give us more efficient use of space and a new look for the future. However, we can't pass on without recognition and gratitude to Paula for her many past contributions.

Corky and her committee are getting excited about the October 26th dance at a brand new facility for us, the Cal Expo Club. She says it has great parking too, so expect some kind of map in the next issue, as well as music details. Call if you have suggestions or can help.

We also have a special Holiday Party event coming up on November 23rd, a pre-concert reception for SACWN members and their guests at the Crest Theater right before the Lucy Blue Tremblay concert. Watch this newsletter for more details and call Jane Irwin if you have some time to help her put the party together.

That's all for now - hope you're all having a great summer!



Rosy Metrailler
Corporate Coordinator

Announcements

PATRON SAINTS!

A big dose of gratitude to the following prize donators to the August Program. These businesses support you, please support them!!

MOM GUESS WHAT NEWSPAPER
GOOD EARTH RESTAURANT
PHOENIX RISING HAIR SALON
JAN-MAR CLEANING SERVICE

An additional thanks to Linda Birner for graciously doubling the grand prize. She provided a night at the Langtry Inn for both grand prize winning couples.

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AB 101 Scorecard

Since our recent AB101 support letter to the Senate and Governor, we've had the following responses:

- Becky Morgan (Menlo Park)
-very favorable
- Newton Russell (21st District)
-equivocal
- Leroy Greene (Sacramento)
-absolute support

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At the Door

Linda Killick needs some volunteers to welcome women at the door! Take/sell tickets, make name tags, set up/clean up, meet and greet subscribers and their guests. What a bargain! Get into the event for half price, and get to meet all those women, too! September 20th (Intimacy Workshop at the Clarion)
October 26th (Dance! Cal Expo Club)
November 23rd (Lucy Blue Tremblay Reception at the Crest Theater.
Call Linda at 486-8985 to sign up.

Steering Committee

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To help with the newsletter, please call Pam at 362-8629

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PSY10426

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Project, a non-profit agency funded
by contributions from individuals
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For Further Information call:
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SIZE	MEMBER	NON-MEMBER
Full page	\$120.00	\$180.00
Half page	60.00	90.00
Quarter page	30.00	45.00
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Business card	15.00	22.50
Classified (per word)	.20	.30

NO ADS WILL BE TAKEN OVER THE PHONE OR AT SACWN EVENTS. PAY IN FULL IN ADVANCE AND SAVE 10% for 3 insertions or longer- SAVE 15% with 12 insertions. All art and payment is due on the 2nd Tuesday of the month for the next month's issue. Send to SACWN, Inc., P.O. Box 661332, Sacramento, CA 95866.

Calendar of Events

Oct 26th SACWN Harvest Moon Celebration Dance- Cal Expo Club

Nov 23rd SACWN Lucy Blue Tremblay at the Crest - Reception and concert

Mondays Women's Rap & Social Lambda Community Center 7 p.m. 442-0185

Tuesdays Being Gay Today Cable 8-10 p.m.

Thursdays Being Gay Today Cable 18 9 p.m.

Fridays Cafe Lambda, Lambda Community Center 8 p.m. Coffeehouse with live entertainment 442-0185

3rd Tuesday "Environment Showcase by Donna La Baugh" will be displayed at the Lite Rail Gallery 918 12th Street. For more information, 441-1013

Sept 7th-Sat Opening night - Sacramento Symphony 1991-92 Season at the Sacramento Community Center Theater. For ticket info call 649-0300.

Sept 14th-Sat 1st Annual Lesbian and Gay Day at Candlestick - a benefit for the Shanti Project.

San Francisco Giants vs San Diego 1:05 p.m. Upper reserved seats \$7.00 For info call 415-777-2273.

Sept 20th-Fri SACWN Presents an Intimacy Workshop by Sonika Tinker, M.S.W. and Debra Rein, M.A.

Lesbian "Love Connections" Made!

A big thank you to all of the participants/contestants in last month's DATING GAME & NEWLYWED GAME! Thank you for sharing your time, your selves, your laughter. A good time was had by all as we watched those 'love connections' being made.

Thank you, too, to the many volunteers "behind the scenes": Dorothy S., Jan B., Pat T., Barbara B., Nancy R., Chris A., and everyone else who helped out. You really made the "show go on".

And, of course, a big thank you to our celebrity emcee, Maureen Gaynor. She was terrific! Look for Maureen in Lambda Players, at Cafe Lambda, and who knows where else! Maybe Hollywood? Thank you, Maureen, for making the evening so much fun.

.....

Basketball Hoopla by Carolyn Langenkamp

Have you just been dying to see great women's college basketball. Now's your chance.

The #1 women's college basketball team, The University of Tennessee is coming to Northern California in December. And, through a very special arrangement, SACWN members and their friends can get free tickets. All you have to do is WEAR ORANGE to the game and root for Tennessee. University of Tennessee vs Stanford on December 14th University of Tennessee vs Santa Clara on December 16th For **free tickets**, send a self-addressed stamped envelope to:

Basketball Hoopla
Metrailler & Langenkamp
1329 H Street
Sacramento, CA 95814

Indicate how many tickets you want for each game. Let's show up in force and root for Tennessee.

Deadline is November 15th, 1991.

Special Interest Groups -- September

After two plus years of faithful service (beyond the call of duty), KATHY MULLEN is leaving her position as Special Interest Groups Associate. Kathy has participated in every aspect of S.I.G. business—from producing this column, helping chair S.I.G. facilitators meetings and consulting with S.I.G. concerns to writing S.I.G. policies and taking a major role in Steering Committee business. She has lent her expertise in areas of finance, management, organizational development and communication skills. Kathy, I want to thank you for your hard work and especially for your support in S.C. business. Your many hours of listening and creative problem-solving made this job so much easier for me.

Other kudos this month go to Chris and Shelley of Davis Over 30 who have passed the baton to new facilitators after helping this group grow to over 60 members. Thank you both for all your hard work.

Thanks to Pam. W. who got the softball group going. We need a new facilitator for this group to continue.

Ellie Zacks
967-3513 (new phone no.)

BRIDGE

The September games will be held Friday, September 13 at 7 p.m. at Jean's and Sunday, September 22 at 4 p.m. at Nancy B's. Call Joyce for more information, 1-676-4317.

GOLF

Come join the fun and the opportunity to make some new friends who enjoy the game of golf as much as you do. All levels of players are welcome. If you're interested, please call Lisa for more details during the day at 368-7458 or in the evening at 363-3430.

SINGLES...and OTHERS

Our August rafting trip was great fun despite a few sore muscles and a couple of sunburns! We decided to have a rafting trip as an annual singles event every August. Our September event is going to be the 14th at 5 p.m. at Ann's house. We're having a Bette Midler film festival. Call Ann, 927-6038 or Joan, 1-795-1336 for details.

BOOK GROUP

Gretchen, 922-6287

LATE-BLOOMERS

Our group remains cozy and comfortable but we always welcome new members. A common reaction is "I'm not the only person going through this!" Why not join in socializing and

sharing in a safe place? Bring a friend if you want. Next meeting is Sept. 19. Call Mary V., 631-7393 or Mary G., 395-1446. Old members—be sure to call. The meeting place is at a new house.

CULTURE CLUB

Awright cowgirls—ready for a little culture now that summer's over? Country, city, guppie-stuff, or whatever kinda culture grabs you.

We're going to meet at my house on the first Tuesday at 6 p.m. for a potluck and general brainstorming. Bring a dish to share, ideas and your calendar. Call me for directions. Y'all come. Ann, 927-6038.

TOP TEN

Ariel, 483-9794.

DAVIS OVER 30

We're going to have a movie night, Saturday, September 21 at 7:30 p.m. If you have a favorite movie, bring it and we'll decide which movies to watch. Bring a movie snack to share and your own drinks - 1637 Baywood Lane, Davis. For more information call Jodi at 758-6746 or Nancy at 756-7842. Also mark your calendar for October 18th and Saturday, November 16th for future events.

Special Interest Groups Continued

OUTDOOR RECREATION

Carol, 451-7933.

SECOND STAGE RECOVERY

Are you no longer new to recovery? Are you frustrated with living in the problem and ready and willing to move into the solution? We are a group of women in recovery. We come from the experience of co-dependency, ACA, Al-Anon, relationship addiction, AA, CA, and OA and have found many commonalities. In Second Stage Recovery, we will meet to support each other in our growth and the ongoing recovery process using 12-step principles. Call Ann, 927-6038 or Kathye, 1-753-4204.

CAMPING—RV AND TENT TRAILERS

"Rainbow Campers" (our new name) went to Coloma July 26th and 27th with 14 campers joining the campout. We had RVs, vans, pickups, tent campers and drop-ins for the day. We shared a great potluck, happy hour snacks, singing around the campfire and all you could eat ice cream for \$1. We are planning a trip to Cassini Ranch in September and will have had another Coloma campout by the time you read this. If interested, call Jayne at 921-6642. We'd love to have you join us.

WOMEN SURVIVING BREAKUP

Recently broken up—lost or at loose ends? Left your lover but ambivalent about being single again? Looking for a new lover leave your cold? Been out of a relationship awhile, but still feeling sad feelings? Let's talk, grieve, laugh and share. Sandy, 933-0670.

SOFTBALL

This group is about to strike out unless a new facilitator picks up the ball. Call Ellie, 967-3513 for coaching.

TWENTYSOMETHING

Stop! Are you waiting to meet a group of women to get together and have fun with? You found us! Come to our potluck this month—we'll be planning things for the future like hiking, dancing, maybe a trip to San Francisco. Call Tina, 456-1913 or Michele, 447-3989 for information on dates and times.

PLAY-READING

We are meeting twice a month on the 2nd and 4th Monday nights at 7 p.m. All types of parts are available. We've been reading "8 by 10 Glossy" and "A Late Snow" by Jane Chambers of Bluefish Cove fame. RSVP, Lenora, 444-0102.

COUPLES GROUP

On September 12th at 6 p.m., we're having a "3P" party—pool, poker and potluck. One of the couples will be hosting us at her pool and hot tub. We've had country western dance lessons, a game night, a swimming and BBQ party and a trip to Tahoe. We're a monthly social group and welcome new members. Call Vera, 383-8159 for directions and potluck assignment for the September event.

LESBIAN PARENTS

Sheri, 739-1691

MUSIC ENSEMBLE

Join us and share in the joy of music. Our repertoire includes classical, swing and slight jazz. We welcome new instrumentalists and are open to ideas. Currently we are close to forming a woodwind quintet with piano. Until we get enough players to form an orchestra, how about forming small ensembles, brass sextets, string quartets, solo or duet works? We will be meeting September 12th and 26th. For more information call Terry at 927-8532.

Attention Writers

We need you to cover the following topic areas:

**personal interviews
success stories
coming out stories
unusual personal events
health related concerns
career interests
book reviews
movie reviews
press releases
community news
SACWN event reports**

The SACWN Newsletter needs you? As you can see, we've adopted a new format for the newsletter. This new style will allow us more freedom in layout and design, and provide us with additional space for text. In addition to our new look, we've got several new members working on the newsletter committee: our new writers include Robin Pepper and Judie Zuntag; our new typist is Yolanda Ortiz; and our new editor is Pam Domecq. However, we're still looking for more new writers and volunteers. Help make your newsletter a success by volunteering your time or sending us your ideas. You may call me at 362-8629. Finally, as the editor, I'd like to encourage your letters to the editor on any subject that concerns you. Please send them to Pam Domecq, c/o SACWN, PO Box 661332, Sacramento, CA 95866.

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SIGNATURE _____ DATE _____

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SUSTAINING - Contributing a little extra to help supplement others on limited income.

LESBIAN LOVE

A Love, Sex and Intimacy Mini-Workshop for Singles and Couples

September 20, 6:30 p.m. to 10:00 p.m.

Name _____

Address _____
Street/ P.O Box _____ Apt # _____

City _____ Zip _____

Phone _____

Category	# tickets	member's name or #
----------	-----------	--------------------

Pre-registered members (\$13.00 reserved seating)	_____	_____
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Non-members (\$18.00 reserved seating)	_____	_____
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Seniors, Limited Income, Disabled (\$9.00 reserved seating)	_____	_____
---	-------	-------

Total tickets _____ Total enclosed _____

At-door tickets will be \$16.00 for members, all others \$18.00, as space permits. Call 486-8985 for additional information.

Make checks payable to SACWN, Inc.. Send reservations, check, or money order and a self-addressed stamped envelope to: SACWN, Inc., P.O. Box 661332, Sacramento, CA 95866.



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